Treatment Protocols *Drowning/Near Drowning - Adult*

Adult BLS Standing Orders

- Universal Patient Protocol
- Ensure patent airway, suction PRN
- Intervene PRN per Airway Policy
- Spinal motion restriction PRN per Spinal Motion Restriction Policy
- Monitor O2 saturation, aggressively treat hypoxia or increased WOB
- Give oxygen and/or ventilate PRN
- Keep patient warm
- All patients should be evaluated in the hospital, **BHP**
- Blood glucose PRN
- Refer to Poisoning and Trauma Policies as needed
- End tidal capnography
- CPAP per **NIPPV Policy**

Adult LALS Standing Order Protocol

• Establish IV PRN

Wheezing

• Albuterol 2.5 mg nebulized for wheezing MR x 1

Hypotension

• Refer to Shock Protocol

Adult ALS Standing Order Protocol

- Monitor EKG
- IV/IO PRN
- Capnography
- ETT prn per Airway Policy
- CPAP per **NIPPV Policy**

Wheezing

• Albuterol 2.5 mg nebulized for wheezing MR x, 1 MR BH

Hypotension

- NS 500-1,000 mL IV MR x 1 to a max of 2,000 mL to maintain a SBP of \geq 90 mmHg
- Refer to Shock Protocol

Nausea and/or Vomiting

• Ondansetron 4 mg IV/IO/IM/ODT PRN, MR x1, total 8 mg

Adult Base Hospital Orders

• **BH** – Repeat albuterol 2.5 mg PRN wheezing

Notes:

• BHP - All patients should be evaluated in the hospital. Consult with BHP if patient is desiring AMA

Treatment Protocols <u>Drowning/Near Drowning - Adult</u>

APPROVED:

Signature on File Katherine Staats, M.D. FACEP EMS Medical Director